

Rules for Under Black Belt

December 08, 2016

For all divisions:

Two points for kick to the head and one point for all other legal techniques.

1st warning no point for opponent.

2nd warning one point for opponent.

3rd warning disqualification.

Wearing of hand wrap, koshiki headgear, and chest protector is mandatory.



Shin pads allowed but not mandatory.



7 & Under Years old all belts (Boys & Girls)

- **Full contact to the chest protector.**
 - **No sweeping or projections allowed.**
 - **No contact to the head.**
 - **Control to the head allowed.**
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8 years old and up beginners kids and adults (Boys & Girls)

- **Light contact to the bubble (headgear)**
- **Full contact to the chest protector**
- **No sweeping and projections allowed.**

8 years old and up intermediate kids and adults (Boys & Girls)

- **Moderate contact to the bubble (headgear). Same contact as defined in the rules for the black belt.**
- **Full contact to the chest protector**
- **Sweep and projections allowed on the mats.**

For advanced (brown and black belt) kids and adults (Boys & Girls)

See rules in koshiki Panamerica website:

<http://www.koshikipanam.com/spip.php?article26&lang=fr>
