

USAMA Five Star *** Event**

March 23-26, 2023

New Location: Marriott Indianapolis East Indianapolis, Indiana

* OPEN TO ALL SCHOOLS AND STYLES *

Competition – Saturday & Sunday: Forms, Team Forms
Extreme Forms, Weapons, Point Sparring, Team Sparring, Chanbara
Take Down Sparring (TDS), & Koshiki (Armored Sparring)
Introducing USAMA Kickboxing

- * Finals (Special Black Belt Kata Grand Champion Competition!) Sunday Evening *
 - * National Annual Awards Banquet Friday *
 - * Martial Arts Seminars/Symposium Friday*

For more information contact Sue Hawkes P.O. Box 8643, Albuquerque, NM 87198

(505) 249-0991 * info@usamartialartists.org * www.usamartialartists.org



2023 USAMA Grand Nationals

Tournament & Seminar Symposium

Schedule of Events



All Events will take place at the Marriott Hotel Indianapolis East

Thursday, March 23rd Meetings in Patriot Boardroom

<u>Meetings in Patriot Doararo</u>
State Representatives Meeting
Rules Committee Meeting
Styleheads Meeting
Executive Board Meeting
Hawkes International Society Meeting

Friday, March 24th

Seminars in	Veterans Hall	#4
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9:00 am – 2:00 pm	Seminar & Tournament Registration – Outside Veterans Hall
9:30 am – 3:00 pm	Seminars/Symposium – Veterans Hall #4
9:30 am – 10:15 am	Dr. Gustavo Albear – Traditional Goju-Ryu Katas
10:30 am – 11:15 am	Bruce Heilman – Sai Basics, Manipulation, & Application
11:30 am – 12:15 pm	Fumio Demura – Five Principle Blocks
1:00 pm – 1:45 pm	Dr. Gustavo Albear – Tode-Jutsu
2:00 pm – 2:45 pm	Eli Guzman – USAMA Take Down Sparring
5:30 pm	Social Gathering Prior to Banquet – Outside Veterans Hall
6:00 pm – 9:30 pm	National Awards Banquet – Veterans Hall (Dressy attire)

Saturday, March 25th

	Karate Competition in Liberty Hall/Kickboxing in Veterans Hall
8:30 am - 2:00 pm	Tournament Registration - Outside Liberty Hall
8:30 am - 10:00 am	Black Belt Meeting – Harrison Room
	Judges/Referee Certification & Clinic – Harrison Room
	Scorekeeper/Time Keeper Clinic – Harrison Room
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9:30 am	Judges & Scorekeepers Ring Assignments – Harrison Room
9:30 am	Medical Team Meeting – Wilkie Room
10:00 am	Forms, Weapons, Extreme Kata, Team Kata, Take Down Sparring,

	& Koshiki Competition – <i>Liberty Hall</i>
4:00 pm	Kickboxers Check-in & Physicals – Veterans Hall #4
6:30 nm	Veterans Hall Open for Seating for Kickboxing Event

6:30 pm Veterans Hall Open for Seating for Kickboxing Event 7:00 pm **Kickboxing Event Begins** – Veterans Hall

Sunday, March 26th

	Competition in Liberty Hall/Finals in Veterans Hall
8:30 am – 12:00 Noon	Tournament Registration - Outside Liberty Hall

9:30am Referees/Judges/Scorekeepers Meeting & Ring Assignments – Liberty Hall 10:00am - 5:00pmSparring, Chanbara, Team Sparring Competition – Liberty Hall

Veterans Hall Open for Seating & Finalists Line Up in Hallway right outside it 6:30 pm

7:00 pm **Finals Begin** – *March in of Champions!*

Finals Include 10 Grand Champion Rounds of competition:

2 Black Belt Sparring, Black Belt Kata, Black Belt Weapons, Adult Kyu

Weapons & Kata, Youth Weapons, and 3 Youth Kata Divisions!

All Adult Black Belt Team Sparring Competition!

9:00 pm - Midnight Social Gathering – USAMA's Live band – Steve St. Pierre and Mona & After Party Hitchhickers with Dylan, Cindy, & Charlie Vargas – Freedom Hall (Cash Bar Available (Cash Only) & Food Bar Tickets Available for Purchase)

More event details available on our website at www.usamartialartists.org

I am excited to welcome all of you to Indianapolis, Indiana! Home of the Hoosiers, the Indy 500, and the world's largest Children's Museum!

The 2023 USAMA Grand Nationals & Seminar Symposium is gearing up and looking good! I am very pleased to announce the addition of USAMA Kickboxing this year!

I love this time of year when we all get together to learn, practice, and share; such precious times we have!

Here's what's in store this year:

On Thursday, we will have all our association's meetings Hawkes International Society biannual meeting.

Friday, we are blessed to have our special guest instructor, Fumio Demura, do a seminar on the five principles of blocking. Also, Dr. Gustavo Albear, accompanied by Dejan Rajic, Tulay Albear, and Dr. Ruben Carvallo will be doing a seminar on traditional Goju-Ryu katas and another one on Tode-Jutsu! Bruce and Ann-Marie Heilman will be giving instruction on the Sai basics, manipulation, & application. Eli Guzman will be giving a seminar on the USAMA's Take Down Sparring. Special price for all seminars \$179! (Individually priced as well.)

Friday evening is always a delight as the annual banquet brings out the best-dressed martial artists and achievers in the nation. Our top ten USAMA National Points winners are recognized, and our USAMA National Team Members are announced.

Saturday evening, at 7:00 pm, is our USAMA Kickboxing debut! All proceeds from the kickboxing event will go to Charity! This year, it will be Make-a-Wish Pre-registered Foundation. competitors receive one general admission ticket to the event! Space will be limited, so reserve your seat now!

Saturday and Sunday will be our karate competition days with Sunday evening finals competition beginning with our "March in of Champions!"

Special high-level Adult Black Belt Kata Grand Champion competition this year! Best of the best – Three katas performed!

Topping off this full weekend of martial arts action will be our after party and live band! Steve St. Pierre with Mona & Hitchhikers featuring Dylan, Cindy, & Charlie Vargas! Yours in the martial arts, Sue Hawkes Let the fun begin!



USAMA Grand Nationals Information!



Competitor Equipment/Attire:

Mandatory Forms & Weapons Attire: Must wear uniform which is traditional with respect to his/her style.

Mandatory Sparring Equipment & Attire: Martial arts uniform, Dipped Foam Headgear, Handgear, & Footgear (No Ringstar Shoes); Mouthpiece (Double mouthpiece for those with braces); Groin Protection (All males).

Mandatory Koshiki Gear: Martial arts uniform; Mouthpiece; Groin protection (All males); Shin Pads recommended. Headgear and Chest Protector will be provided at ring.

Mandatory TDS Equipment: Mouthpiece, Open Hand padded gloves, Shin Guards, & Caged Head Gear (A few Head Gear will be on hand to borrow, if needed.) Uniform, or mid-thigh shorts or longer, MMA shorts, or yoga pant; and Rash Guard or T-shirt. Women must also wear sport bra. Men must wear groin protection.

Prohibited items in Sparring, Chanbara, Koshiki, or Take Down Sparring: For the safety of our competitors, **No** regular eye glasses (safety glasses only), **No** metal or hard plastic joint braces, plaster or fiberglass casts will be allowed. Medical devices must be approved by our medical personnel <u>and</u> Chief Referee.

Disqualification: A competitor may be disqualified for excessive contact, illegal techniques, & unsportsmanlike conduct and will not be entitled to a refund or allowed to fight in any further events that day. Coaches' and Spectators' unsportsmanlike conduct may also be cause for a competitor's disqualification.

Recommendation: Bring your own disinfectant wipes and hand sanitizer.

Judges & Officials Attire for Tournament:

Judges and officials, please wear either your traditional martial arts uniform, dress pants/skirt with white shirt and blue sports jacket or USAMA polo shirt, or suit during the competition. We appreciate your professionalism. (Shirts available at USAMA supply table)

"I can't wait to attend the banquet and see everyone dressed up! I always like the awards. Since you took 1st place, what are you going to say for your acceptance speech?"

Annual National Points & Awards Banquet:

Congratulations! to our top ten 2022 USAMA National Point Winners! Those in attendance will receive special personalized awards at the banquet on Friday, March 24th, at 6:00 pm (5:30 pm social gathering) in the *Veterans'* Hall. Our first place point winners will be asked to say a few words upon acceptance of their award. We will also be recognizing our top ten Teams of the Year and Instructors of the Year. Be sure to be there and help your team celebrate! Due to limited space, Banquet Tickets must be purchased by March 6th* to secure your seat at the banquet. *Please note: If capacity is decreased, due to a public health order, seating will be based on banquet ticket purchase date. No tickets available at door. If you have food allergies or dietary restrictions, please E-mail us at points@usamartialartists.org by March 6th, and we will arrange for your meal. The attire for the banquet is dressy. We look forward to seeing you all there!

USAMA's Band: Steve St. Pierre and "Mona & Hitchhikers Band" featuring Dylan Vargas and Charlie & Cindy Vargas!



"I'm going to the After Party with the live band on Sunday after the Finals, it'll be a Blast!!"

USAMA Grand Nationals After (Finals) PARTY!

Sunday, March 26th, from 9:30 pm - Midnight
Marriott Indianapolis East

No Charge for USAMA's Live Band & Social Gathering
Food Bar - \$29 Adults / \$15 Children (10 yrs & under)

Cash Bar Is Cash Only

USAMA Seminar Symposium

Friday, March 24, 2023 Marriott Indianapolis East * Indianapolis, Indiana

Enjoy Training in Forms, Basics, Weapons, and Take Down Sparring!! Special Guest Instructor
Fumio Demura

Feature Instructor
Gustavo Albear

Seminar Instructors C. Bruce Heilman Ann-Marie Heilman



Seminar Instructor
Eli Guzman

Thurs., Mar. 23rd – Executive Meetings & Hawkes International Society Meeting Fri., Mar. 24th – Seminar Symposium & Annual Awards Banquet Sat., Mar. 25th – Forms, Weapons, Extreme Kata, Team Kata, Koshiki, Take Down Sparring & Kickboxing Sun., Mar. 26th – Sparring, Team Sparring, Chanbara

& Grand National Finals! Followed by After Party!

New Format for Adult Black Belt Kata Grand Championship!

All First Place Adult Black Belt Kata Winners will Perform Three Different Katas to Determine our 2023 USAMA National Grand Champion Kata Winner

at our Finals on Sunday Evening!

Marriott Indianapolis East

Keep an eye on our website at <u>www.usamartialartists.org</u> more exciting details to come...

2023 USAMA SEMINAR SYMPOSIUM

Friday, March 24, 2023

Marriott Hotel Indianapolis East Veterans Hall #4



FUMIO DEMURA

Topic: 5 Basic Principles of Blocking

Time: 11:30 am - 12:15 pm

Fumio Demura will be covering the five principles of blocking. They are RAKKA (pulling or moving the attack downward), RYUSUI (moving the



attack to the side), **TEN'I** (body shifting away from the attack), **KUSSHIN** (lowering the center of gravity), and **HANGEKI** (meeting the attack with a counterattack). He will go over each concept, and explain the determining factors of which block best suits various circumstances. Don't miss this opportunity to join Demura Sensei for his informative, fun, training seminar; his seminars are loved by all levels of practitioner.



GUSTAVO ALBEAR

Dejan Rajic, Tulay Albear & Dr. Ruben Carvallo

Topic: Traditional Goju-Ryu Katas

Time: 9:30 am - 10:15 am



The Goju Ryu seminar by Gustavo Albear, at this year's tournament, will include the fundamentals of Goju Ryu Karate relative to Kata *Sanchin* and *Seisan*. This will include the concepts that were taught to us by -- Kimo Wall Sensei, and Lee Gray Sensei (*Hatamoto & Uchi-Deshi*) of *Masanobu Shinjo Sensei*, - and are being practiced in Okinawa as well as in the US at the *Shodokan* and *Shobukan* Goju Ryu Karate Dojos. Enjoy working on these traditional Goju-Ryu Katas under the instruction of Albear Sensei, along with Dejan Rajic, Tulay Albear, & Dr. Ruben Carvallo!

Topic: Tode-Jutsu
Time: 1:00 pm – 1:45 pm

This seminar by Albear Sensei will focus on the application of concepts that are inherent in Koryu Tode-jutsu. Specifically, the concepts of *Honto-no-Kata* (Truth/Reality in Kata), *Fudo no Kata* (Immovable Kata), and *Futari no Otoko Kata* (Two Man Sets/Forms) inherent in Tode-Jutsu. The seminar will focus on understanding these principles and learning/discovering the two man sets that exist in kata. It will focus on a specific kata-(*Kyan Wansu* of the *Tumai-di* or *Tomarite* school as a common learning tool) - However, we will demonstrate the applicability of the three concepts for any kata in any system of Okinawan Karate.



2023 USAMA SEMINAR SYMPOSIUM cont.

C. BRUCE HEILMAN & ANN-MARIE HEILMAN

Topic: Sai Basics, Manipulation, & Kyan no Sai Kata

Time: 10:30 am - 11:15 am



C. Bruce Heilman and Ann-Marie Heilman will be teaching a seminar on the Sai for all levels of practitioner; learn sai basics and manipulation as well as drills to improve your skills. Mr. & Mrs. Heilman will go over Okinawa Kenpo Kobudo Kata *Kyan no Sai* and various practical applications of the weapon. Apply these concepts and drills to the sai no matter what your style of weapons. The Heilman Senseis are renowned for their teaching excellence and weapon practicality.





ELI GUZMAN

Topic: Take Down Sparring

Time: 2:00 pm – 2:45 pm



Eli Guzman will be introducing USAMA Take Down Sparring as it is practiced competitively at USAMA events. USAMA's Take Down Sparring (TDS) incorporates both your stand-up game and your ground skills, but is much safer than "MMA". Learn accepted techniques, contact, and locks - i.e., locks are acknowledged when in position, not just when in full lock out. TDS enhances your techniques in an environment that allows for safety, but gives you the opportunity to experience realistic sparring situations. Guzman Sensei's seminars are fun, exciting and informative.

Stand up Sparring & Ground Fighting!

Love it!





Seminar Symposium!

Have a great time training with these individuals!

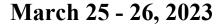
Everyone of these martial artists is outstanding on their topic!

Seminars priced individually or in a package. Package deal - All Seminars for \$179!!



U.S. Association of Martial Artists

Grand Nationals Tournament Divisions





FORMS (KATA) DIVISIONS

Black Belt Men Masters (6th Dan & up)* Black Belt Men (Traditional - Okinawan*,

Korean*, Chinese*, Japanese*)

Black Belt Men***

Black Belt Women (Traditional -

Okinawan/Japanese*, Korean*, Chinese*)

Black Belt Women***

Adult Kyu Executives

(40 & over) (2 div*)**

Brown Belt Men

Brown Belt Women

Intermediate Men

Intermediate Women

Beg. Men (1st Three Belts)

Beg. Women (1st Three Belts)

16-17 Yr. old Beg, Int & Adv

14-15 Yr. old Beg, Int & Adv

12-13 Yr. old Beg, Int & Adv

10-11 Yr. old Beg, Int & Adv

8-9 Yr. old Beg, Int & Adv

6-7 Yr. old Beg & Adv

5 Yr. olds & under

EXTREME KATA DIVISIONS

(Non-Point Division)

Adult Black Belt

Adult Kyu

14-17 Yr. olds

10-13 Yr. olds

9 Yr. olds & under

WEAPON DIVISIONS

Black Belt Men (Masters, + 2 div*)*** Black Belt Women (2 div*)***

Adult Kyu (2 div*)***

14-17 Yr. olds (Beg., Int., & Adv)

10-13 Yr. olds (Beg., Int., & Adv.)

9 Yr. olds & under (Beg. & Adv.)

SPARRING (KUMITE) DIVISIONS

Black Belt Men (Masters, Exec., Lt Wt.,

Mid Wt., & Hvy Wt.)

Black Belt Women (2 div *)***

Adult Kyu Executive Men

(40 & over) (2 div*)***

Adult Kyu Executive Women

(40 & over) (2 div*)***

Brown Belt Men

Brown Belt Women

Intermediate Men

Intermediate Women

Beg. Men (1st Three Belts)

Beg. Women (1st Three Belts)

16-17 Yr. old Males Beg, Int & Adv

16-17 Yr. old Females Beg, Int & Adv

14-15 Yr. old Males Beg, Int & Adv

14-15 Yr. old Females Beg, Int & Adv

12-13 Yr. old Males Beg, Int & Adv

12-13 Yr. old Females Beg, Int & Adv

10-11 Yr. old Males Beg, Int & Adv

10-11 Yr. old Females Beg, Int & Adv 8-9 Yr. old Males Beg & Adv

8-9 Yr. old Females Beg & Adv

6-7 Yr. old Beg & Adv

5 Yr. olds & under

TEAM SPARRING DIVISIONS

(3 Person Teams - 1 Female & 2 Males)

(Non-Point Division)

Black Belts (18 Yr. olds & up)

Adult Kyu

16-17 Yr. olds Beg. & Adv

14-15 Yr. olds Beg. & Adv

12-13 Yr. olds Beg. & Adv

10-11 Yr. olds Beg. & Adv

8-9 Yr. olds Beg. & Adv

7 Yr. olds & under (Any Mix of Boys & Girls)

CHANBARA DIVISIONS

(Equipment provided)

Black Belt Men & Women

Adult Kyu Men

Adult Kyu Women

16-17 Yr. olds

14-15 Yr. olds

12-13 Yr. olds

10-11 Yr. olds

8-9 Yr. olds

7 Yr. olds & under

KOSHIKI (ARMORED

MULTI-POINT SPARRING)

DIVISIONS *** (Equipment provided)

Black Belt Men

Adult Kyu Men

Adult Women

14-17 Yr. olds (2 div*)***

10-13 Yr. olds (2 div*)***

8-9 Yr. olds

7 Yr. olds & under

TAKE DOWN SPARRING (TDS) **DIVISIONS** ***

Black Belt Men

Adult Kyu Men (2 div*)***

Adult Women (2 div*)***

14-17 Yr. olds (4 div*)***

10-13 Yr. olds (4 div*)***

9 Yr. olds & under (3 div*)***

TEAM FORMS (KATA) DIVISIONS

(3 Person Teams, No Weapons)

(Non-Point Division)

Adult Black Belts

Adult Kvu

Youth (17 Yr. olds & under)

Notes: * Minimum of 3 competitors to make a division.

*** These divisions are determined by age, weight, size, and/or belt level upon discretion of promoter. Adult Kyus are Competitors 18 years or older and under the rank of Black Belt.

Sanctioned by:

5 ***** Star National Points





Adult USAMA Kickboxing **New Event!**

Saturday, March 25th

Call/**Text** Kurt Spivey – (317)-696-3104 Coordinator/Commissioner

For more information...



U.S. Association of Martial Artists

Grand Nationals Tournament & Seminar Symposium





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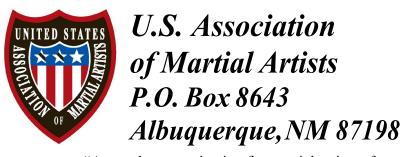
NAME	Competitor's AGE on Ma	rch 25, 2023
ADDRESSAPT		
TIME IN MARTIAL ARTS:YEARS	MONTHS SEX M/F PHONE:	:
*USAMA MEMBER #		
SCHOOL		
E-MAIL ADDRESS		
Please Register me for the following:	NDIVIDUAL COMPETITOR EVE	ENTS:
Forms (Kata)	Pre-Registered At	\neg
Extreme Kata (Creative) (No Points)	Postmarked by March 7th Door	.
Sparring (Kumite)	One or Two Events \$89 \$110	\dashv
Weapons (Kobudo)	Three or Four Events \$99 \$120	\dashv
Chanbara	Five or Six Events \$109 \$130	Have Fun!
TDS (Take Down Sparring)	Seven Events \$109 \$130 \$115 \$135	
Koshiki (Armored Multi-Point Sparring)	Seven Events \$113 \$133	\ Learn New
Roshiki (Armored Wutti-Folia Sparring)	Total for Individual Events: \$	things! Meet New
Please Register me for the following:	TEAM EVENTS:	People!
Team Sparring	TEAM FEES PER EVENT	¬ \
Team Forms	Pre-Registered At Door	7
	\$10 per Person \$15 per Person	7
Kickboxing is separate Form / Pre-Approved Only	Total for Team Events: \$	
harmless the promoter, Sue Hawkes, the Marriott Indianapolis East, the Martial Artists Inc., for any injuries, sickness, Covid & other virus state that I do not suffer from Covid or any virus symptoms, and/or phyagree to conduct myself in a sportsmanlike and safe manner and under I also hereby give permission to medical personnel to administer Firs U.S. Association of Martial Artists, Inc. ("USAMA") permission to upublications, including web-based publications, without payment or USAMA. I agree to comply with the local public health orders. I un	es, or damages which may arise due to my participation visical and/or mental conditions which may affect my part estand if I fail to do so, I may be disqualified from the toust Aid or Emergency Treatment if, in their opinion, it bests emy likeness in a photograph, video, or other digital nother consideration. I understand and agree that all photograph.	in the tournament and/or seminars. I further irriament and not entitled to a refund ecomes necessary. I hereby grant the nedia ("photos") in any and all of its otos will become the property of the
realize no refunds will be given for this event.		
Competitor's Waiver Signature ** **(Parent or guardian model) Total for Individual Competitor Events		_ Date
**(Parent or guardian m	nust sign if under 18)	Total: \$
USAMA Members: <discount> *</discount>	Current USAMA Member Competitor Discoun	at (-\$10.00) Less: \$ -
Total for Team Events	Current Oct Will Fremoer Competitor Biscoun	Total: \$
Number of One Day Spectator Passes (4 to 9 yrs.)	X \$5.00 <u>Circle One:</u> Sat. or Sun	
Number of One Day Spectator Passes (10 yrs. & up)	X \$15.00 Circle One: Sat. or Sun	Total: \$
Number of <u>Two Day</u> Spectator Passes (4 to 9 yrs.)	_ X \$10.00	Total: \$
Number of <u>Two Day</u> Spectator Passes (10 yrs. & up)	X \$20.00	
Number of One Day Video Passes (Includes Spectator Fee		
Number of <u>Two Day</u> Video Passes (<u>Includes</u> Spectator Fee	Circle One: Sat. o	
Total for Seminar/Symposium (From Back of Form)		
Adult Banquet Tickets	# of Tickets	
(Banquet Tickets Must be Purchased by March 6 th !	NO Banquet Tickets Available at Door)	
Child Banquet Tickets(10 yrs. & under)	# of Tickets	X \$25 = Total: \$
Food Bar at the "After Party" (Social & Music Free) #		
Payment Enclosed: (Make Check or Money Order Payable		
Credit Card Payments & Registra	tions Accepted Online for security at www.usamar	maiamsts.org

USAMA Grand Internationals Seminar Symposium

Entry Form Continued...

FIII	out Reverse Side, and select your Sem	unars below:	
Name of Seminar Participa	nt		(check box)
Fumio Demura - 5 Princi	iples of Blocking	\$50	
	onal Goju-Ryu Katas		
Gustavo Albear – Tode-J	utsu	\$45 _	
Bruce Heilman – Sai Basi	cs, Manipulation, & Application	\$45 _	
Eli Guzman - Take Dow	n Sparring Strategies	\$45 _	
Discounts Available on Seminars for END OF TOURNAMENT AND SEM	Families of 3 or more. Inquire at points@usamartialar MINAR REGISTRATION FORM ***********************************	rtists.org For Seminars: \$	
	We invite you to join th	ie	
	ssociation of Mar		
A Me	mber Organization for All M	artial Artists	
* 1	ss to International Network of Martial Internationally-Recognized Rank Cert vidual Membership Applease Print	tification *	
NAME	AGE	BIRTHDA	TE
ADDRESS	CITY	STATE _	ZIP
HOME PHONE	CELL PHONE		Circle EX: M/F
BELT RANK (Include Color, K	yu, Keup, Grade, Degree, or Dan Level, if applica	able)	
STYLE	INSTRUCTOR		
	E-MAIL ADDRES		
	under Black Belts: \$40.00 * New Membership Renewal: \$35.00 * Ask about I		
Payment enclosed (paid by case	sh, check, money order, Visa, or M/C)	Total Encl	osed:
If paying by credit card: Circle One:		on date -	CVS

Signature of Cardholder ______ Billing Zip Code _____



"A member organization for martial artists of all disciplines, styles, and levels."

Special Invitation To:



USAMA GRAND NATIONALS

Tournament & Seminar Symposium Kickboxing Charity Event!

March 23 - 26, 2023

Marriott Hotel Indianapolis East in Indianapolis, Indiana!

Register online
by March 6th
for Pre-Registration
Discounts!

www.usamartialartists.org